

## Field House Summer Sports Camp

<b>Activity</b>	<b>Time</b>	<b>Where</b>
<b>Drop off</b>	<b>8:45am- 9:05am</b>	<b>Field House Lobby</b>
<b>Circle up-word of the day</b>	<b>9:05am-9:15am</b>	<b>Turf Field</b>
<b>Stretching/ Warm up activity</b>	<b>9:15am-9:25am</b>	<b>Turf Field</b>
<b>Lesson on day's sport</b>	<b>9:25am- 9:35am</b>	<b>Turf field</b>
<b>Sport #1 drills</b>	<b>9:35am-9:50am</b>	<b>Turf Field</b>
<b>Water break</b>	<b>9:50am-10am</b>	<b>Corridor/Concessions</b>
<b>Day's sport live game play #1</b>	<b>10am-10:45am</b>	<b>Turf Field</b>
<b>Snack break</b>	<b>10:45-11am</b>	<b>Lobby</b>
<b>Day's sport live game play #2</b>	<b>11am-11:40am</b>	<b>Turf Field</b>
<b>Cool down stretching</b>	<b>11:40am-11:50am</b>	<b>Turf Field</b>
<b>Circle up- Word of the day recap, end of day awards</b>	<b>11:50am-12:00pm</b>	<b>Turf Field</b>
<b>Pick up</b>	<b>12:00pm-12:15pm</b>	<b>Turf to Lobby</b>